



Planet Fulford

Act Locally
Think Globally



Green Fair

Saturday 22 October 2011

St Oswalds Church Hall

12.00 – 4.00 pm



Come along and learn how you can make the most out of life in Fulford while doing your bit for the planet

Get advice on:

- How to stay warm, save money
- How renewables can help you make money
- How to compost your home waste
- How to grow your own
- How to improve the local environment



Plus: Expert talks, fair trade tea and coffee and home-made cakes in the village cafe, fun activities for children and a FREE prize draw!

FREE ADMISSION



Fulford Photos by Andy D'Agostino

In the face of rising bills for food, fuel and energy, we all need to find smart ways to make the most of people, places and resources available to us. **Planet Fulford** aims to help local residents to learn more about how they can get the most out of limited resources while doing their bit to reduce their impact on the planet.

The Planet Fulford Green Fair will be an opportunity for you to gain advice, information and to learn how to do your bit for the planet.

- Energy** What you can do to conserve energy in the home and how solar panels can help you reduce your fuel bills
- Waste** How to compost you discarded waste
- Transport** How you can reduce your petrol bills and stay healthy
- Food** How you can grow your own vegetables

You will also gain general advice on what you can do to lead a greener life-style.

EXPERT TALKS

A number of experts will give talks in the main Church. Each session will last about 30 mins.

- 1 pm** **Confessions of an Eco-Shopper**
Kate Lock, local author, researcher and activist
- 2 pm** **Stay Warm and Save Money**
Denise Hall, Coordinator of the York and North Yorkshire Green Neighbourhood Challenge
- 3 pm** **Generate Your Own Energy**
Sophie Smith, Yorkshire Energy Partnership

Enjoy a cup of fair-trade tea or coffee and homemade cakes in the Village Cafe.

We are also looking for people who will be willing to follow the lead of **Planet Southbank** and set up a **Planet Fulford** group.

We look forward to seeing you there!